



## Chicken Beef Baked Meatball 20170629

Number of Servings: 6975.24 (85.05 g per serving)

Weight: 616471.19 g (Yield: 593234.64 g)

<b>Nutrition Facts</b>			
Serving size		(85g)	
	3oz (85g)	100g	
<b>Calories</b>	<b>170</b>	<b>200</b>	
	<b>% Daily Value*</b>	<b>% Daily Value*</b>	
<b>Total Fat</b>	11g 15%	13g 17%	
Saturated Fat	4g 19%	4.5g 23%	
Trans Fat	0g	0g	
<b>Cholesterol</b>	60mg 20%	70mg 23%	
<b>Sodium</b>	460mg 20%	540mg 23%	
<b>Total Carbohydrate</b>	6g 2%	7g 2%	
Dietary Fiber	0g 1%	0g 1%	
Total Sugars	1g	1g	
Includes Added Sugars	0g 0%	0g 0%	
<b>Protein</b>	11g	13g	
<b>Vitamin D</b>	0mcg 0%	0mcg 0%	
<b>Calcium</b>	87mg 6%	102mg 8%	
<b>Iron</b>	2mg 10%	2mg 10%	
<b>Potassium</b>	200mg 4%	235mg 6%	

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram      Fat 9 • Carbohydrate 4 • Protein 4

### Ingredients:

Mechanically Separated Chicken, Water, Beef, Breadcrumbs, Textured Soy Flour, Seasoning Blend (salt, garlic powder, onion powder, black pepper, dried parsley), Soy Protein Concentrate, Egg Whites, Romano Cheese (pasteurized sheep's milk, salt, rennet), Soy Lecithin.

### Allergens:

Contains Egg, Milk, Soy, Wheat.